

School Meals Menu Feb—July 2020



| | <u>Week 1</u> | <u>Week 2</u> | <u>Week 3</u> |
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| | 24/02/20—16/03/20— 20/04/20—11/05/20— 08/06/20—29/06/20 | 02/03/20—23/03/20—27/04/20— 18/05/20—18/06/20—06/07/20 | 09/03/20—30/03/20—04/05/20— 01/06/20—22/06/20—13/07/20 |
| Monday | Rainbow Pizza with wedges, green salad and beans. V—Vegetable Pizza Cherry/Pineapple Flapjack | Sausage, mash and peas. V—Veggie sausage Oaty Cookie | Build a burger—Beef/chicken with lettuce, tomato, cucumber and dice potatoes. V—Veggie burger with sweet chilli sauce Lemon shortbread |
| Tuesday | Chicken Korma with coriander rice and steamed broccoli. V- Butternut/Spinach and lentil dahl. Sticky toffee/Apple pudding with custard | Beef lasagne with cauliflower, broccoli and garlic bread. V- Vegetable lasagne Jam and cream scone | Chicken arrabiatta pasta with broccoli and garlic and herb bread. V- Butternut squash, carrot and chickpea. Iced sponge |
| Wednesday | Roast turkey with potatoes, greens and mashed carrot and swede. V- Cheese and onion roll Unicorn fruit jelly | Roast pork with apple sauce, potatoes and mixed veg. V- Cauliflower cheese Fruit crumble and custard | Roast gammon with potatoes, carrots, peas and gravy. V- Cheddar and leek frittata Choc/vanilla sponge cake and custard. |
| Thursday | Meatballs in tomato sauce with peas/sweetcorn and spaghetti. V-Courgette, pea, and mint frittata. Blueberry Muffin | Chilli chicken noodle stir fry with broccoli/sweetcorn. V- Tomato and basil pasta Pear and chocolate brownie | Chilli beef taco's with lettuce, sour cream, cheese, sweetcorn, peppers and pilau rice. V- Mixed bean taco's Banana cake with frosting |
| Friday | Fish fingers/Salmon fishcakes with chips and beans. V-Tangy tomato herb pasta Ice Cream Treat | Battered fish, chips and beans. V- Mac and cheese Peach melba | Fish fingers, chips and beans. V- Roast peppers and cheese quesadilla Frozen yoghurt with fruit wedges |

School meal prices have increased to £2.00 as of 1st April 2019.

Deli

Bread rolls, wraps and pasta served with a choice of fillings:

- Ham
- Turkey
- Tuna
- Cheese
- Egg
- Mixed Salad
- Coleslaw

(Available everyday except Friday)

Jacket potatoes, Cheese crackers, yoghurt and fruit are available every day.



If you have any questions regarding the menu please contact the school office on 0151 263 9561.